

Save time with your next donation! *CFLe^xpress* enables you to complete The Blood Center's health history interview in the comfort of your own home, making it even more convenient to help save lives.

Important: You must complete the health history interview and print your *CFLe^xpress* ticket on the same calendar day as your donation; otherwise your ticket will not be valid, and you will have to retake the health history interview.

1 Home page

To get started, click on the *CFLe^xpress* icon at the top right corner of the **giveblood.org** homepage.



2 CFLe^xpress allows you to complete the health history interview but does not verify your eligibility to donate; that will happen at the donation site.

Welcome To The Blood Center Health History Interview **CFLe^xpress**
A Commit for Life Program

Welcome to *CFLe^xpress*! This program is designed to guide you through Gulf Coast Regional Blood Center's health history interview.

Please note: Completion of this interview does not guarantee donor eligibility. If you have eligibility questions, please refer to our [FAQs](#) or contact our Medical Services staff at (713) 791-1200.

First Name:

Last Name:

Gender: Female Male

Date of Birth:

You will now complete the health history interview, which consists of 52 questions that you would normally answer in the screening room.

3 You are ready to donate!

Once you complete the interview, print your *CFLe^xpress* ticket. Take this ticket with you to donate on the same day you complete the interview. Our staff will scan these barcodes to retrieve your health history interview data – **saving you time at the donation site and making it even easier to help save lives!**

Welcome To The Blood Center Health History Interview **CFLe^xpress**
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Donor Name	Date of Birth	Valid Only On
Dumpling, Fish	07/10/62	06/20/11

Visit

➔



TEST LABEL001

Drive

➔



TEST LABEL004

Responses

➔



TEST LABEL007

WHY SHOULD I DONATE?

Every donation can help save as many as three lives. Have you ever wanted to know whose life you helped save? These are the faces of Commit for Life – the mothers, children, husbands and neighbors whose lives your donations have helped save.

Gulf Coast Regional Blood Center

IMPORTANT! THIS FORM CONTAINS INFORMATION NEEDED FOR YOUR DONATION
Bring this form with you or you will be required to answer the health history questions again